

# You are invited

to join us on Thursday 16<sup>th</sup> May  
For a Preschool Reconciliation Session with Duncan and  
Jakida from Wiradjuri Echoes

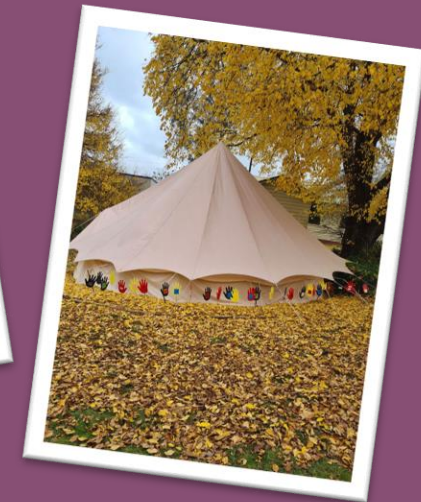
What time: 11:30 (for an 11:40 start)

How long? Roughly 1 hour

Where? Front Entrance Area

**What happens during this session:** Duncan and Jakida have discussions  
and interactive activities around Reconciliation

At the end of the session we invite you to kick off our Sea of Hands  
installation alongside Duncan, Jakida and Heritage Educators.



# Questions Regrading the Session

**My child doesn't usually attend, can we still come?** Of course, as long as a parent attends, we would love it if you can join us.

**My child will be attending that day, how should I navigate going back to work afterwards?** We suggest after the session to do a wave through the window (just like the morning drop off).

**My child and I won't be able to attend the session, can we still contribute to the Sea of Hands installation?** Yes! There will be an area set up at our front entrance over the next few weeks for our community to voice their support.

**What happens if your child voices any concerns after this session?** One of the easiest ways to approach this, is looking to the Phoenix cups approach. In this approach there are 5 cups that include Mastery, Freedom, Connection, Fun and Safety.

In this instance, if a child voices concerns about their safety, it is important to reassure them in simple ways they can understand (some safety cup-filling conversations):

- **Firstly:** Talk about all their family members/educators that help to keep them safe, perhaps you can try and name five people together. You might print photos of these people and place them somewhere your child can see.
- **Secondly:** Discuss the people in the community that are here to keep your child and family safe. This includes community helpers such as firefighters, police, doctors etc.

Visuals & books can sometimes help with conversations about the people who help keep us safe.

- **Knowledge around keeping themselves safe when they are out and about in the community:** Just like at Heritage when we go outside the fence, we regularly engage children in safety discussions. Helping them to take charge of this and be responsible gives them a sense of control.

- **Choice over our own bodies:** Always allowing children to choose if they would like to have a cuddle, giving them choices around their body.

Repeat these conversations as much as needed to help reassure your child.

